

MINUTE

The NYJL Closes its 115th Anniversary Year with 115 Hours of Service

From 9:00 a.m. on October 14 until 6:00 a.m. on October 19, more than 400 volunteers performed 115 hours of continuous service for their fellow New Yorkers. This service project was the first of its kind for the NYJL in celebration of its 115th Anniversary.

Twenty-one NYJL committees were involved in the planning, and volunteer activities lasted from as little as one hour to overnight shifts. To keep the volunteer clock ticking throughout the night, volunteers worked in Ansche Chesed's homeless shelter and teamed

with a new community partner, the American Red Cross of Greater New York Region, to do emergency response "Ride Alongs" as well as disaster preparedness trainings.

Josh Lockwood, CEO, American Red Cross Greater New York Region said of the event "At the

During 115 continuous hours, 400+ volunteers worked on 62 different projects.

American Red Cross in Greater New York, we are so proud to have been part of NYJL's 115th Anniversary Celebration. Whether they worked to maintain and clean shelter cots or responded to local disasters alongside our volunteers or helped us prepare comfort kits for veterans in need, the enthusiasm and commitment to service of NYJL volunteers was evident. We are grateful for the support from the NYJL for the Red Cross mission and look forward to continuing to work with them to serve our neighbors across New York."

WHAT'S INSIDE

- New Committees: GOAL & LIFT
- Forum for Nonprofits
- Meet the OSs and OV's



SAVE THE DATE

PIP Announcement

The 26th Annual Playground Improvement Project will be Jackie Robinson Park in Harlem. Stay tuned to NYJL social media for additional details!

Counting Down to the 65th Annual Winter Ball

On Saturday, March 4, the New York Junior League Winter Ball returns to The Pierre Hotel to toast the 2017 Outstanding Sustainers and Outstanding Volunteers at the 65th Annual Winter Ball, "A Midwinter Night's Dream!"

Celebrate this deserving group of women as they receive the NYJL's highest award in recognition of their leadership and community service. Guests will be transported to a cozy alpine chalet and are invited to don their best tuxes and gowns to glisten like the snow outside. Enjoy dinner in the Grand Ballroom, compete in bidding for exciting live and silent auction items, and dance the night away!

For more information and to purchase tickets, please visit the Winter Ball web page (www.nyjl.org/winter-ball). We hope to see you on March 4!

NYJL Mission Statement

The New York Junior League is an organization of women committed to promoting volunteerism, developing the potential of women, and improving communities through the effective action of and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Suzanne E. Manning
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Executive Vice President

Leah Wenger
Communications and Strategy
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OFFICE OF THE PRESIDENT



Dear Volunteers,

I hope that you all had a wonderful holiday season and that 2017 is off to a fantastic start! While I've never been one to make New Year's resolutions (who am I kidding—I'm never going to go to the gym!), as we kick off 2017 and the next 115 years for the NYJL, I've reflected on what I can do to make the world just a little bit better. Not surprisingly the answer is through the work we do as Junior League volunteers and embodying our Core Values.

As Junior League volunteers, each of us plays a critical role in making a difference in the lives of our fellow New Yorkers—even the littlest action can change someone's life. I have been so proud to see our volunteers embracing our Core Values in every aspect of our work.

- **Passionate about Our Community:** We are passionate about our community and believe in maximizing our impact through strategic external partnerships, advocacy and volunteer action to achieve our mission.
- **Respect for Individuals:** We respect each other, those with whom we work and those we serve in the community. We strive to understand others, to respect differences and to treat everyone with dignity.
- **Acting Responsibly:** We recognize that our decisions and our actions can affect others and we strive to uphold our commitments and act honorably and responsibly in all that we do.
- **Promoting Opportunity:** We are committed to helping each other achieve our potential. We foster a supportive and motivating environment that enables continuous learning, encourages mentoring and develops future leaders.

While all of these Core Values are ever-present in our work, two examples from this past fall highlighted that we are definitely "Passionate about Our Community" and that as part of that passion we embrace "Respect for Individuals."

In October, we successfully completed our very ambitious "Around the Community, Around the Clock" initiative in honor of our 115th Anniversary which had more than 400 participants volunteering for 115 continuous hours over the course of almost five days. During that time, we worked with 29 community partners on 62 different projects and volunteered a total of nearly 1,500 hours (see page 1). Simply an amazing feat—I am so thankful to everyone who supported it!

That same month, Health Advocates for Older People recognized CHAMP for the Saturday workshops our volunteers do with the seniors at their New York Treasures Gala. I am delighted that we are the first organization who they have honored. More importantly, at the Gala, it was incredibly heartwarming to hear the stories of how our volunteers have touched the lives of the seniors they work with weekly.

In November, we formally announced our Outstanding Sustainers, Zoe Stolbun and Anne Bahr Thompson and our Outstanding Volunteers, Pamela Robbins Arcilla, Lucretia Gilbert, Megan Hauck, Hilary McNamara and Anne Watters Westpheling (see pages 10 – 11). These seven women personify our Core Values and I'm looking forward to honoring them for their incredible hard work, passion and dedication to our Mission at the Winter Ball at the Pierre Hotel on March 4.

As I mentioned in the Fall Minute, this is your Junior League and your thoughts are incredibly important to me. I will be holding office hours once a month and invite you to share your experiences and ideas with me. The next dates are Wednesday, January 25, Thursday, February 16 and Tuesday, March 21 starting at 7 p.m. in the President's Office on the 3rd floor. Please stop by to tell me how it's going and your favorite aspect of volunteering!

For all of you who participated in our survey—thank you. I appreciate that you took the time to share your thoughts on the future of the NYJL and how best to shape your volunteer experiences. I look forward to sharing the survey results with you later in the spring.

I hope to see you all at our Membership Meeting on Thursday, January 19 at PS 6 (and the reception to follow at the Astor House) and at the Après Ski Party on Friday, January 27—two terrific ways to start the New Year.

Best wishes for a happy and healthy 2017!

Warmly,

Suzanne Manning

Sustainers



Dear NYJL Volunteers,

Each year brings a breadth of new Sustainers and Actives to the NYJL. All are inspiring and give the gift of their time and talent to the NYJL and the communities we serve. It has been extremely rewarding to meet more Actives at Sustainer events year after year. We can all benefit learning from each other through collaborative efforts. There are a host of new events this year which I hope you will attend.

The NYJL is blessed to have such dedicated and committed women serving the NYC community. For the second year Sustainers Christine Flach and Elizabeth Daniels joined the TCS NYJL Team and ran the NYC Marathon on November 6, 2016. Christine has run four NYC Marathons and one in Edinburgh. This was Elizabeth's second NYC marathon. These women exceeded their fundraising goal in their efforts to benefit the charitable activities of the NYJL. At this year's TCS Team NYJL brunch on November 5 each runner had their own inspirational story as to why they were running the marathon. Some are involved with other non-profit organizations but all chose to run in support of the NYJL.

Volunteering with and connection to the NYJL does not end when a volunteer becomes a Sustainer. In fact, the experience is enhanced through maintaining long-established friendships and an on-going belief in the mission of the NYJL. 141 Sustainers are actively engaged on a committee. It is a testament to our volunteers that they continue to share their time and talents with an organization we all hold dear.

Warm regards,

Jeannie Egas-Trouveroy

2015-2017 Sustainer Council Head

The NYJL Announces Its 2016 College Age Provisionals:

Chloe Elizabeth Bausano
Rachel Louise Busterud
Charlotte Bordeaux Champ
Morgan Mercer Cockrell
Nicole Anne Cohen
Helen Hailey Condo
Julia Bliss Greenberg
Sophia Adrianna Kanavos
Mary Scott Lett
Adrienne Reed Mandelbaum
Juliana Maria McCombe
Victoria Imogen Press
Julia Bridget Grace Robinson
Sloane Camille Sambuco
Guinevere Margaret Sherrill
Anne Elizabeth Sidamon-Eristoff
Sarah Katharine Sigety
Frances Welles Sperry
Wyndham Josephine Williamson
Bryn Catherine Wolgemuth
Quincy Monroe York

Save the Date

Join the Sustainer Evening committee at the **Outstanding Sustainer reception** on Friday, February 10 to celebrate this year's honorees, Zoe Stolbun and Anne Bahr Thompson.



2017 Outstanding Sustainers
Anne Bahr Thompson and
Zoe Stolbun



2016 Marathon: NYC Marathon runners Christine Flach and Elizabeth Daniels

TRIPS AND TOURS

Space is limited at each of these special events. Reserve for one or both by contacting dfuentes@nyjl.org or 212-606-0241. You may send a friend in your place if you must cancel after the cancellation date indicated. For further information, contact Lea Carroll, leacarroll@gmail.com, or Susan Fisher, susanhome@gmail.com. Visit the website for the tour details.

Winter Antiques Show and Lunch

Park Avenue Armory, Park Avenue at 67th Street

Tuesday, January 24,

10:45 a.m.-1:00 p.m.

Tour starts promptly at 11:00 a.m., lunch 12:00 p.m.

Cost: \$125 plus \$5 administrative fee

The Explorer's Club

Wednesday, February 8

Meet at 10:30 a.m., 46 East 70th Street

Cost: \$35

Kykuit: The Rockefeller Estate, Tour and Lunch

Friday, May 12, 8:30 a.m.-5:30 p.m.

Meet at 8:30 a.m. at NYJL Headquarters.

Cost: \$145 includes tour, lunch and luxury bus

New Events!

Join the **Sustainer Day committee** at its first in a series of three breakfasts on Tuesday, January 31 from 9:15-11:00 a.m. Speaker Paula Rice will lead a discussion on "Caring for the Caregiver." A light breakfast will be served. Cost \$20.00

Beginner Mah Jongg Classes start Monday evenings, 6:30-8:30 p.m., April 3-24. Cost for the full course is \$100 per NYJL member and \$120 per NYJL guest. Class size is limited to 12 individuals and you must register for all four weeks of classes. Check the website for further details.

Calendar

Visit the calendar on the Membership Area of nyjl.org for additional event information.

JANUARY

10 Tuesday

Nonfiction Book Group: *Daughters of the Samurai* – Janice Nimura, 6:00 p.m.

New Member Orientation, 7:30 p.m. and 8:30 p.m.

11 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

Winter Chair Training, 7:00 p.m.

12 Thursday

January Birthday Lunch, 12:00 p.m.

16 Monday

Martin Luther King Jr. Day – NYJL Closed

17 Tuesday

Performing Arts Plus: Gounod's 'Roméo et Juliette' and Dinner, 5:15 p.m.

New Member Orientation, 7:30 p.m. and 8:30 p.m.

18 Wednesday

Great Decisions/Day: Cuba and the U.S., 11:00 a.m.

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

Affiliation Book Group: *Modern Girls* – Jennifer Brown, 7:00 p.m.

VET: So You Want to Be a NYJL Co-Chair, 7:00 p.m.

19 Thursday

Sustainer Lecture Luncheon: Hamptons and Palm Beach Entertaining, 11:30 a.m.

NYJL General Membership Meeting, 7:00 p.m.

21 Saturday

NYJL Moves! Pure Barre, 1:00 p.m.

24 Tuesday

Winter Antiques Show and Lunch, 10:45 a.m.

Great Decisions/Evening: Cuba and the U.S., 6:00 p.m.

Affiliation – Trivia Night, 7:00 p.m.

25 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

26 Thursday

Theme Event: Chinese New Year Celebration: Year of the Fire Chicken, 6:30 p.m.

27 Friday

Astor House Events – Winter Party, 7:00 p.m.

31 Tuesday

Breakfast Lecture: Caring for the Caregiver, 9:15 a.m.

VET: Domestic Violence, 7:00 p.m.

FEBRUARY

1 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

2 Thursday

Thirsty Thursday – Bingo, 7:00 p.m.

4 Saturday

Affiliation Run Club, 9:30 a.m.

7 Tuesday

Winter Chair Networking Event, 7:00 p.m.

8 Wednesday

The Explorers Club, 10:30 a.m.

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

9 Thursday

Sustainer Lecture Luncheon: Sherry Turkle, 11:30 a.m.

New Member Orientation, 7:30 p.m. and 8:30 p.m.

10 Friday

Outstanding Sustainer Reception, 6:30 p.m.

15 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

Affiliation Book Group: *The Prime of Miss Jean Brodie* – Muriel Spark, 7:00 p.m.

20 Monday

Presidents Day – NYJL Closed

21 Tuesday

New Membership Sip & See, 7:30 p.m.

22 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

VET: Heart Health, 7:00 p.m.

23 Thursday

Thirsty Thursday – Red Carpet Ready, 7:00 p.m.

MARCH

1 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

2 Thursday

VET: Welfare 101, 7:00 p.m.

4 Saturday

Affiliation Run Club, 9:30 a.m.

Winter Ball, 7:00 p.m.

8 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

9 Thursday

Sustainer Lecture Luncheon: Norah O'Donnell, 11:30 a.m.

11 Saturday

VET: TBD, 10:00 a.m.

VET: TBD, 1:00 p.m.

15 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.

Advanced Bridge Class, 1:30–3:30 p.m.

Affiliation Book Group: *Mrs. Dalloway*—Virginia Woolf, 7:00 p.m.
New Member Orientation, 7:30 p.m. and 8:30 p.m.

16 Thursday

Theme Event: St. Patrick's Day Luncheon, 12:00 p.m.
Affiliation: Ladies Who Lead, 7:00 p.m.

20 Monday

VET: Skills Training, 7:00 p.m.

29 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Nonprofit Boards Clearinghouse Spring Course, 7:00 p.m.

30 Thursday

Reception Lecture: Cary Carbonaro, 6:30 p.m.

APRIL

1 Saturday

Affiliation Run Club, 9:30 a.m.

4 Tuesday

VET: Skills Training, 7:00 p.m.

5 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Nonprofit Boards Clearinghouse Spring Course, 7:00 p.m.

6 Thursday

Sustainer Lecture Luncheon: Dr. Erica Jones, 11:30 a.m.
Thirsty Thursday: Playground Improvement Project, 7:00 p.m.

11 Tuesday

New Membership Sip & See, 7:30 p.m.

12 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Nonprofit Boards Clearinghouse Spring Course, 7:00 p.m.

17 Monday

VET: Community Training, 7:00 p.m.

19 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Nonprofit Boards Clearinghouse Spring Course, 7:00 p.m.
Affiliation Book Group: *A Fall of Marigolds*—Susan Meissner, 7:00 p.m.

20 Thursday

Savor the Spring, 7:00 p.m.

22 Saturday

Nonprofit Boards Clearinghouse Accelerated Spring Course, 8:30 a.m.
Junior Junior League Social Promise Course, 10:00 a.m.

25 Tuesday

New Member Orientation, 7:30 p.m. and 8:30 p.m.

26 Wednesday

NYJL Forum for Nonprofits, 8:00 a.m.
Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Nonprofit Boards Clearinghouse Spring Course, 7:00 p.m.

27 Thursday

Placement Sneak Peek, 7:00 p.m.
Transfer Orientation, 7:00 p.m.

May

3 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
VET: Fundraising Training, 7:00 p.m.

4 Thursday

Theme Event: Cinco De Mayo Luncheon, 12:00 p.m.
Thirsty Thursday: Annual Fund, 7:00 p.m.

6 Saturday

Affiliation Run Club, 9:30 a.m.

10 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Spring Chair Training, 7:00 p.m.

12 Friday

Spring House Tour Kick-Off, 6:30 p.m.

13 Saturday

Spring House Tour, 10:00 a.m.

16 Tuesday

New Member Orientation, 7:30 p.m. and 8:30 p.m.

17 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Affiliation Book Group: *Between the World and Me*—Ta-Nehisi Coates, 7:00 p.m.

18 Thursday

Sustainer Lecture Luncheon: David Friend, 11:30 a.m.

23 Tuesday

New Member Orientation, 7:30 p.m. and 8:30 p.m.

24 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.

31 Wednesday

Intermediate Bridge Class, 11:15 a.m.–1:15 p.m.
Advanced Bridge Class, 1:30–3:30 p.m.
Affiliation Book Group: *Between the World and Me*—Ta-Nehisi Coates, 7:00 p.m.

June

3 Saturday

Affiliation Run Club, 9:30 a.m.

5 Monday

New Member Orientation, 7:30 p.m. and 8:30 p.m.

7 Wednesday

Sustainer Spring Reception, 6:30 p.m.

8 Thursday

Annual Meeting, 7:00 p.m.

9 Friday

End of Year Party, 7:00 p.m.

21 Wednesday

Affiliation Book Group: *Miss Peregrine's Home for Peculiar Children*—Ransom Riggs, 7:00 p.m.



NEWS

GOAL – Encouraging Higher Education and Alternatives to Teen Pregnancy

Roughly 600,000 children in the United States are born to single mothers under the age of eighteen every year. The NYJL's new committee Girls Opportunity Advancement and Leadership (GOAL) endeavors to show these adolescents a world of challenge, opportunities and dreams.

In October, GOAL kicked off its partnership with one of the oldest settlement houses in New York City, Union Settlement, by arranging for and accompanying ten young women aged 11-15 to experience a personalized talk and tour by historian and living legend Billy Mitchell at the Apollo Theater in Harlem. Mr. Mitchell (also known as "Mr. Apollo"), who has worked at the Apollo since 1965, shared with the group his experiences and the history of the legendary Theater.

To introduce the young women to careers in the performing arts, Mr. Mitchell described various positions at the Theater itself and more broadly in the music industry. The young participants, many of whom are already active in the performing arts or who have vocalized aspirations to become actors or performers, described the day as "inspiring," "wonderful," "fun," "beautiful" and "a dream," and praised Mr. Mitchell as "spectacular," "magical," "bold," and "breathtaking."

The Apollo Theater visit was followed by another workshop, held at the Bloomberg offices in midtown Manhattan in November. There, GOAL's young female participants toured the offices in wonder and excitement before attending the taping of a news broadcast.



SAVE THE DATE

SAVOR THE SPRING!

Experience bites and sips from New York's best chefs, mixologists and more at the NYJL's second annual epicurean event, Savor the Spring. Presented by the FUNdraisers Committee, the tasting event takes place on Thursday, April 20 from 7 p.m. to 11 p.m. at the Prince George Ballroom. For more information and to purchase tickets, please visit NYJL.org/savor-the-spring.

The NYJL Develops New Nonprofit Leaders

On the heels of a successful and sold out fall Leadership Through Governance training course, the Nonprofit Boards Clearinghouse committee is excited to announce course dates for their spring five-night and accelerated course. Participants will gain competence and confidence in board leadership skills through workshops on topics that cover board roles and responsibilities, monitoring financial policies, understanding the legal responsibilities of board members, and developing strategic plans. The course includes a Q&A session with current nonprofit executive directors and a networking reception with NPBC's extensive roster of over 90 nonprofit partners. Each course participant is assigned an advisor to facilitate potential board placement following completion of the course.

"The NYJL Nonprofit Boards Clearinghouse course is a much needed resource for current board members and those interested in pursuing board service. Now more

than ever, we need those interested in pursuing community service at the board level to be educated regarding their fiduciary, legal, and personal responsibilities to the many communities nonprofit organizations serve. The NYJL Nonprofit Board Clearinghouse course does just that, it activates people and gives them the tools to serve with confidence, ultimately making nonprofit organizations and communities stronger," says George Suttles, course presenter.

Past course participants have also described the Leadership Through Governance course as "an excellent primer packed with tons of useful information and resources." The five-night spring course will be held at the NYJL from 7:00 p.m. – 9:00 p.m. on consecutive Wednesday evenings beginning March 29, with a one-day accelerated course held on Saturday, April 22. All students will attend the Executive Director Panel and Nonprofit Networking Reception with interested course alumni at 7:00 p.m. on Wednesday, April 26. The course is \$325 for NYJL volunteers and \$375 for the general public. Visit nyjl.org to register today or contact npsc@nyjl.org with any questions.

Back To School and After-School With Culture & the Arts Council

As children head back to school post-holidays, the Culture and the Arts Council ("C&A") is gearing up to provide in-school and after-school programming to the children of Manhattan, introducing and exploring the genres of studio arts, music, and performing arts.

New York City is one of the great cultural capitals of the world. With so many phenomenal art institutions, theaters, artists and art professionals, it is the mandate of the Culture and the Arts Council to take advantage of the great variety of performing arts, museums and other cultural institutions that

provide to cultural opportunities they would otherwise not have within their grasp," says POAL co-chair Katy Thomas.

"A huge focus for us this year has been to expose our kids to atypical types of performance, as well as the behind-the-scenes teams that make various performances happen," says POAL co-chair Meredith Wood. "Since we want them to learn how things work, and that there are more ways than one to be involved in the arts than performing, we're really excited this spring to take the kids on an NBC Studio Tour and to have a lesson taught by a Broadway Producer."

Another afterschool committee exposing children to a variety of creative and performing arts projects is the **Stanley Isaacs** committee. The committee is split into

Artistic Journeys, which works with ages 7-11 and focuses on visual arts, and **Beacon to Broadway**, which works with students ages 11-14 with a focus on performing arts. This spring **Artistic Journeys** will produce their second annual end of year art show, while **Beacon to Broadway** will produce a play based on Peter Pan in June.

New committee **Passport to the World** offers an after-school mentoring program with bi-weekly workshops that teach lessons and traditions from around the world through cultural, artistic, and hands-on activities.

Spotlight on Performance focuses on performing and visual arts at the Westside YMCA's Grovesnor House. This year's focus is Musical Theater. With the help of a musical director, they have incorporated singing, dancing, and storytelling and created a short musical revue to perform for parents and friends that will debut in May.

"I love watching as the kids break out

of their shells and develop the confidence to express themselves. At the beginning of this year, we had a few quiet kids who now are starring in our productions," says co-chair Kristen Davis. "The most enjoyable part of Spotlight is knowing that the committee has an impact on our students. We are able to provide attention that a student may not receive in school, and our lessons help the students gain a love for both performing and observing."

"It's going to be a great spring for Culture and the Arts," says Sheikh. "There are so many wonderful experiences planned, from museum trips and Broadway shows to working with artists and art professionals to mounting student-produced presentations. The Council strives to fill in gaps to provide art interfacing that would not usually be accessible to students. I am excited to see the culmination of these experiences in their end-of-year performances this spring!"

"A huge focus this year has been to expose our kids to atypical types of performance."

are readily available in our community and expose our community partner clients to them," says Aneesa Sheikh, Culture and the Arts Council Head.

Project Muse is a C&A committee based at PS 64, a Title I school serving primarily low-income and minority students in the East Village. The committee provides arts education and experiences to PS 64 students, playing a valuable role in physical, cognitive and social/emotional development for approximately 30 third grade students every year.

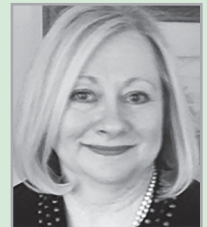
Already this year, Project Muse has taken classes to study portraits at the Whitney and explore art across cultures at the Metropolitan Museum of Art.

Performance of a Lifetime (POAL) partners with Boys & Girls Harbor School to hold an after-school program that introduces students ages 7-10 to performing arts.

"POAL's work with Harbor has allowed over 30 children to gain ex-

New Board and Management Council Members

Rosemarie Dackerman
Director-At-Large



Marie Finan
Management Council Secretary

Elizabeth Fabsits Pavone
City Impact Council Head





NEWS

LIFT Kicks Off Programs for At-Risk Teens

We are going to be turning girls away at the door," joked Jack Toone, the Volunteer Services Manager at Leake & Watts to LIFT volunteers after the first workshop.

This year the NYJL welcomed Leake & Watts as a new community partner and paired it with LIFT (Lead, Inspire, Focus, and Thrive) for its inaugural year. LIFT's mandate is to provide a consistent presence for at-risk teenage girls through mentorship. The goal is to help teens discover their strength and achieve their full potential.

Leake & Watts, a multiservice non-profit established in the 1830s, is a haven for the entire array of clients it serves. After the first meeting with the Leake & Watts staff, several themes emerged as being of interest to the girls: healthy eating, mindfulness, introspective learning, financial literacy and job training. LIFT workshops on these topics will draw from existing NYJL community committees to serve as subject matter experts and teach lessons to the girls in the program.

Each workshop is designed so that the girls will come away with either a hard or soft skill for their toolbox. At the end of the year each girl will have a set of skills that she will be able to use for the rest of her life. LIFT has already helped to bolster the girls' confidence by providing a safe space to practice public speaking, team building, and problem-solving.

With the help of CHEF the girls have acquired tangible skills such as reading food labels, equipping them to make healthy food choices.

But it isn't just the girls who are learning. LIFT volunteers began their year with a training session held by Anne Nadig, the resident trauma counselor and Program



Director at Leake & Watts. During this interactive session our volunteers were taught about the impact of trauma on the brain and its far-reaching effects.

As the year progresses, LIFT is working on exposing the girls to a variety of new life experiences. After just a few sessions it is incredible to see the bond that is forming between the girls, volunteers, and staff at Leake & Watts.

Wednesday night workshops at Leake & Watts are filled with laughter. The girls are thriving in this welcoming environment and volunteers smile as they recall the smallest connection with a mentee during committee meetings. As a committee, volunteers will make sure that each workshop is helping the girls to lead, focus, inspire and thrive.

Nominating Wants to Hear From You

Each year, the Nominating Committee is elected by the Membership and entrusted with the responsibility of choosing candidates for the NYJL's governance and management positions, which include the Board of Directors, Senior Management Council Heads, Management Council Heads, and the Nominating Committee. In addition, each year five exemplary Active volunteers are selected by the Nominating Committee to be honored at the Winter Ball.

The Nominating Committee conducts a search for all prospective applicants, including extensive outreach and communication throughout the NYJL and strongly

encourages self-nomination for all governance and management positions.

The Nominating Committee is comprised of 17 NYJL volunteers: 15 members elected by the membership from a double slate; the Committee Vice Chair is elected from a single slate and then becomes Chair the following year. The Nominating Committee Chair serves on the Board of Directors and the Vice Chair serves on the Management Council.

Members of the Nominating Committee represent all areas of the NYJL: Communications, Community Program, Membership, Finance/Fundraising, and Sustainers. There are also three Members-at-Large.

The NYJL 2016-2017 Nominating Committee members are Allison Kellogg, Chair; Caroline Donohue, Vice Chair; and committee members Christine Flach, Karen Laudeman, Justine Schiro, Meredith Coburn, Rachel Geringer Dunn, Kelly Purcell, Rebecca Mummert Schwartz, Melissa Leshner, Elizabeth Snypes, Aileen Hanlon, Chryssi Mikus, Cristine Van Schoick, Beth Player DiCicco, Jill Ferrari, and Sandra Smith.

For the remaining 2016-2017 volunteer year, the Nominating Committee will slate two (2) Senior Management Council Heads [Communications & Strategy Senior Council Head, Fundraising Events & Affiliation Senior Council Head], eight (8) Management Council Heads [Volunteer Development, Internal Communications, Strategic Planning, Fundraising Events, Affiliation, Adult Education & Mentoring Council Head, Culture & the Arts, Nominating Vice Chair], and the Nominating Committee (2017-2018).

Nominating wants to hear from you! Stay tuned for updates on application deadlines in the NYJL Friday Flash. If you are interested in self-nominating for a leadership position or would like to nominate a fellow volunteer for a leadership position, please email Allison Kellogg, Chair, at nominating@nyjl.org.

Forum for Nonprofits Conference

Each year, the NYJL Forum for Nonprofits addresses key issues facing small to mid-size nonprofits and the communities they serve. Originally known as Volunteer Conference, the Forum for Nonprofits was created as a signature project for the NYJL Centennial in 2001 and has taken place every year since.

Last year's conference, "Storytelling: Showcasing Your Brand to Grow Your Nonprofit," was a huge success! Marcia Stepanek, Founder and CEO of BrandStories, spoke about digital and visual media strategies during the keynote address and panel discussions covered "Leveraging Social Media" and "How to Tell Your Nonprofit's Story."

Year after year, attendees of the Forum find the day engaging and impactful with ideas they are able to apply to their nonprofits. One attendee shared, "I have been to other workshops on branding, but this one far outweighed the others. The nonprofit focus was wonderful, but beyond that it was the depth of information."

The topic of this year's 15th annual Forum, to be held on April 26, is "Built to Last: Foundations for Change Management and Sustainability." The Forum will focus on how nonprofits can build strong foundations for the future through donor retention and robust governance while preparing for disruption: financial, social, or otherwise.

The day will feature two keynote speakers as well as two moderated panel discussions. The first panel's theme is "Ensuring Longevity: Growing the Next Generation of Leaders" which will focus on ensuring nonprofits are set up for positive organizational change and developing strong governance structures. The second panel, "Minding Your Metrics to Optimize Influence" will discuss how to adapt to evidence-based practices and highlight metrics in your message by utilizing new technologies and innovations.

Following the formal programming, participants will have an opportunity to network with attendees and representatives from other of nonprofits. We hope you'll consider joining us this year. To learn more about our speakers and register for the Forum, please visit: www.nyj.org or contact the committee with questions at nyjforum@nyj.org.



FNP 2016 Keynote Speaker, Marcia Stepanek

Photo Credit: Dan Demetriad

Did you know that the Annual Fund benefits all aspects of the NYJL?

The Annual Fund plays a vital role in allowing the NYJL to expand opportunities that come up during the year such as increasing our programming and training and to update the Astor House without raising our dues," said Kara Dunn, who along with Joan Pedley, Sara Laughren, and Cynthia Plehn, is leading this year's Annual Fund Team.

Over the past few years, Annual Fund contributions have enabled the NYJL to purchase Big Belly Solar units for NYC Parks renovated by PIP, launch the Leadership Development Committee, and rent PS6, allowing more volunteers to attend training events – just to name a few things.

"I support the Annual Fund because it helps the NYJL grow and expand its mission. As the co-chair of Personal Empowerment Program (PEP), I saw firsthand the benefits of the Annual Fund when we launched PEP last year. As a first-year committee, we worked with our community partner, SCAN, to create an all-day career panel that allowed 75 girls to learn about different career paths. This year we are expanding the committee to include a second community partner, Hartley House," said Leigh Morbey, PEP co-chair and contributor to the Annual Fund.

This year's goal is to raise \$145,000 and to increase the percentage of volunteers who contribute. (Last year, 40% of volunteers donated.) When the NYJL applies for grants, we are asked what percentage of our volunteers donate to the annual fund. The higher the percentage, the more likely we are to receive grants and sponsorships. With everyone's help, we can achieve 100% participation.

Donations can be made anytime at www.nyj.org. For gifts of \$100 or more you may pledge now with final payments due by June 30. If your employer has a matching gift program, you may be able to double or even triple your donation. If you have any questions, please email annualfund@nyj.org.

MEET THE 2016 OUTSTANDING SUSTAINERS AND OUTSTANDING VOLUNTEERS

OUTSTANDING SUSTAINERS

ZOE STOLBUN



Currently, Zoe sits on the NYJL Sustainer Day committee as a Vice-Chair. Since joining in 2004, she has participated in selecting the NYJL's leadership as a member of both the Nominating and Sustainer Nominating committees, developed a Salon program connecting Sustainers, Actives, and Provisionals,

and led the revamping of Sustainer Communications to help increase engagement and build attendance. Zoe has been named both a Provisional on the Move and a Sustainer to Watch, a testament to her contributions to the NYJL and its mission at every stage of her volunteer career.

Beyond the NYJL, Zoe sits on the Board of Directors for The City Gardens Club of New York City, where she is also on the Web Committee. A passionate animal advocate, she has worked with PETA to rescue animals and testified to the City Council to help end New York City's carriage horse trade.

Professionally, Zoe is the Founder and Principal of Legacy In Letters, whose mission is to work with individuals to create personal legacy documents. During her expansive career, Zoe has been a consumer magazine and business newspaper editor in chief, reporter and writer, TV host, and director of investor relations and public relations of a Fortune 500 company.

ANNE BAHR THOMPSON



Earnest about the transformative influence of our mission, Anne Bahr Thompson believes her diverse placements have meaningfully shaped her relationship with the NYJL. As an Active volunteer, she tutored NYC high school students, helped launch the first-ever Membership survey, served as one of the inaugural chairs for Artistic Journeys,

and sat on the Board of Managers as Public Affairs Manager.

After 10 years in the Junior League of London, Anne returned to the NYJL in 2010 as a Sustainer. Since then, she's focused on wholeheartedly engaging all our volunteers in our organization. She's spearheaded the development of the "I Volunteer Because" campaign, led the rebrand for the NYJL website, co-chaired the Communications Task Force, sat on the Board of Directors as a Director-At-Large, and chaired the 115th Anniversary Committee.

In our wider community, Anne most recently is a Mentor with the Alison R. Bernstein Media Mentoring Program at Rutgers University, a volunteer with the Grace Institute, and sits on the Advisory Boards for CITYarts, Inc. She is involved with the Global Women in Business Program at the University of Virginia's Darden School of Business and an active member of the American Yacht Club.

Professionally, Anne is the Founder & Chief Strategist at One-sixtyfourth.

OUTSTANDING VOLUNTEERS

PAMELA ROBBINS ARCILLA



Pamela joined the NYJL to meet strong and capable women who were as passionate about their careers as they were about volunteering. Over ten years later, she is still in awe of her fellow volunteers and how they inspire her with their successes at work, home, and volunteering!

Early in her NYJL career, Pamela chaired the Photography committee and served as the Communications Manager on the NYJL Board of Managers. After joining the Seattle Junior League when she was transferred out West, she returned to the NYJL as a member and eventual co-chair of the Provisional Training committee. Provisional Training was her favorite placement because she enjoyed the feeling of "being able to introduce new members to the NYJL and watching them get as excited about the organization as she is."

Pamela has also been a member of the Senior Friends, Strategic Planning, and Nominating committees. She currently serves as chair of the Technology Task Force, where she identifies and evaluates new technology opportunities for the NYJL. Professionally, Pamela is the Director of Information Services for America at Expeditors International.

LUCRETIA GILBERT



As a nonprofit professional, Lucretia has made a career out of her commitment to serving others, and as an NYJL volunteer since 2006, she acts on that commitment in her personal life as well. Lucretia first joined the Volunteer Training & Leadership committee, where she collaborated with Cancer Awareness & Support to create multiple

trainings for Breast Cancer Awareness Month. Lucretia served as the Training Council Associate from 2008-2012.

Following placements on the Nominating, the Development work group, and Steps to Success committees, Lucretia joined the NYJL Board of Directors. She currently serves as a Director-At-Large, a member of the Human Resources and Finance committees, and co-chair of the Development work group.

Professionally, Lucretia is the Chief Development Officer for the Breast Cancer Research Foundation and the Executive Director of The Pink Agenda. She applies the insights that she has developed through the NYJL to her career: "Through my experience at the NYJL, I am able to understand the volunteer perspective through which a member of a Board would be viewing a situation versus approaching it as a staff member." Lucretia is also involved with Women in Development, and the Association of Fundraising Professionals.

HILARY K. MCNAMARA



Hilary is honored to have fulfilled the NYJL's mission in a number of ways. Among other roles, she has spearheaded multiple Playground Improvement Projects (PIP) as the committee's co-chair, served as a Provisional Trainer, and selected NYJL leaders as a member of the Nominating committee.

PIP was Hilary's first placement upon joining the NYJL in 2006. Later, as co-chair, she oversaw the 20th Anniversary project in Sara D. Roosevelt Park. Following PIP, Hilary joined the New View committee as Secretary during the committee's inaugural year. "Engaging with this group on a weekly basis to provide the critical life skills to allow them to be successful as they moved to independent living was a powerful experience."

Recently, Hilary has helped develop the NYJL's strategic plan as a member of the Community Strategy committee and the Strategic Planning working group. Currently, she sits on the Management Council as the Strategic Planning Council Head. Hilary appreciates both the unique insights her role provides about the NYJL as well as the knowledge and skills she has developed for her day job, where she has participated in the annual Strategic Planning process for the last several years.

Professionally, Hilary is a Human Resources Director for KKR.

MEGAN HAUCK



If Megan could tell her fellow volunteers one thing it would be that "We, as the NYJL, have the opportunity to set an example for all future leaders and to make a direct and meaningful impact on our community."

Since joining the NYJL in 2007, Megan has helped plan programming for NYJL volunteers as a member of the Volunteer Training & Leadership committee, developed life skills workshops for homeless youth as a member and co-chair of Rights of Passage at Covenant House and created arts and science-themed programming for elementary school children as the co-chair of Da Vinci Explorers. Under Megan's leadership Da Vinci Explorers was awarded Committee of the Year in 2014.

Megan has also served on the Nominating committee, which helps select NYJL leadership. Currently, Megan is the chair of Community Program Research as well as a member of the Strategic Planning Work Group.

Professionally, she is Director of the Education Foundation and iDiverse at the Interactive Advertising Bureau.

ANNE WATTERS WESTPHELING



For Anne, her experience at the NYJL has been one of "fostering and growing individual relationships." Anne joined the NYJL in 2005, and was placed on the Performance of a Lifetime committee where she worked with 2nd and 3rd grade students at Boys and Girls Harbor School, introducing them to

the Performing Arts through classroom workshops and monthly field trips. She ultimately went on to co-chair Performance of a Lifetime, which served to be a formative experience in Anne's development as an NYJL leader.

Since then, Anne has served as the New Membership co-chair and subsequently in her current role as the Volunteer Development Council Head. One of the things Anne appreciates most about her role is the "unique window it provides into the NYJL's emerging leadership through [her] oversight of the chair selection process and our Woman to Watch awards."

Beyond the NYJL, Anne is actively involved with Dancing Classrooms where she was a Founding Member of the Dancing Classrooms Contemporaries and the group's Marketing chair. Anne now sits on the Dancing Classrooms' Board Development committee where she holds the role of Communications Lead. Professionally, she is the Director of Partnerships and Business Development for Gwynnie Bee.

The Junior League of the City of New York
130 East 80th Street
New York, NY 10075

I volunteer because . . .

Anne Bahr Thompson – Outstanding Sustainer

“I volunteer because I was taught when we give of ourselves with an open heart we gain so much more, including a greater sense of purpose & belonging.”



Anne Watters Westpheling – Outstanding Volunteer

“I volunteer because New York is so vast, but we can be so isolated here. The act of volunteering breaks us out of our bubbles and allows us to connect in a genuine and meaningful way with our neighbors, reminding each of us that the world is bigger than ourselves.”